

Project Options by Skill Area

Performance assessment—and in particular portfolio assessment—provides the opportunity to offer a wide variety of options as learning experiences. The following list, while not definitive, provides some examples of appropriate project options for each of the health literacy skills.



Accessing Information

- Report on a video.
- Watch video and make a brochure.
- Check a computer program.
- Conduct a research project.
- Conduct surveys.



Self Management

- Keep a journal.
- Write letters.
- Create a family tree.
- Create a fitness calendar.
- Present a role-play.
- Interview family members.



Analyzing Internal and External Influences

- Change an advertisement.
- Create a metacognitive scrapbook of personal health.
- Present a skit on peer pressure.
- Write a book.
- Rewrite a tale that helps explain influences.
- Present a role-play.
- Write a new law.
- Conduct surveys.



Interpersonal Communication

- Create a puppet show.
- Perform a skit.
- Conduct an interview.
- Present a role-play.
- Draw a comic strip.
- Write a dialogue between characters.



Decision Making

- Present a role-play of a decision-making process.



Goal Setting

- Create a wellness plan.
- Create a fitness calendar.



Advocacy

- Create a brochure.
- Design a T-shirt.
- Write a rap or song.
- Write a radio ad.
- Create a poster.
- Film a video.
- Teach a lesson to younger children.
- Perform a skit.
- Create a puppet show.
- Design a bumper sticker.
- Design a magazine advertisement.
- Write a law.
- Write a letter to the editor.